

## **The Sexual Minority Women Rejection Sensitivity Scale**

Dyar, C., Feinstein, B.A., Eaton, N.R., & London, B. (2015). Development and Initial Validation of the Sexual Minority Women Rejection Sensitivity Scale. *Psychology of Women Quarterly*.

### **Scoring Instructions**

To obtain a score for each participant:

- (1) For each scenario, multiply the score for the degree of anxiety/concern about the potential rejection (anxiety/concern question: “How anxious/concerned would you be...”) by the score for the expected likelihood of sexual orientation rejection (expectation question: “How likely is it...”).
- (2) Calculate the mean score by averaging across the 16 anxious expectations product scores.

**Instructions:** Please read the following descriptions of situations and answer the two questions that follow each one. Imagine each situation as vividly as you can, as if you were actually there.

<b>1. You and your female partner are having dinner together at a restaurant. A male customer approaches your table.</b>															
How anxious/concerned would you be that the man might sexually harass you because of your sexual orientation?	<table border="0"> <tr> <td>Very Unconcerned</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Very Concerned</td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> </table>	Very Unconcerned						Very Concerned	1	2	3	4	5	6	7
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How likely is it that the man will sexually harass you because of your sexual orientation?	<table border="0"> <tr> <td>Very Unlikely</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Very Likely</td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> </table>	Very Unlikely						Very Likely	1	2	3	4	5	6	7
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<b>2. You and your female partner are leaving a store together holding hands. A car drives by and the driver honks the horn loudly several times.</b>															
How anxious/concerned would you be that the driver might have honked because of your sexual orientation?	<table border="0"> <tr> <td>Very Unconcerned</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Very Concerned</td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> </table>	Very Unconcerned						Very Concerned	1	2	3	4	5	6	7
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<b>3. You are on a date with a woman at a restaurant. Your waiter provides you and your date with poor service.</b>															
How anxious/concerned would you be that the poor service may have been because of your sexual orientation?	<table border="0"> <tr> <td>Very Unconcerned</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Very Concerned</td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> </table>	Very Unconcerned						Very Concerned	1	2	3	4	5	6	7
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<b>4. You and your female partner are walking together holding hands. Several men are gathered on a corner outside a bar.</b>															
How anxious/concerned would you be that you may be harassed or assaulted because of your sexual orientation?	<table border="0"> <tr> <td>Very Unconcerned</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Very Concerned</td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> </table>	Very Unconcerned						Very Concerned	1	2	3	4	5	6	7
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<b>5. You are at a bar with a female friend and an intoxicated male approaches you and attempts to pick you up. You turn him down and he reacts angrily, calling you a “dyke.”</b>							
How anxious/concerned would you be that he might physically assault you because of your sexual orientation?	Very Unconcerned			Very Concerned			
	1	2	3	4	5	6	7
How likely is it that he will physically assault you because of your sexual orientation?	Very Unlikely			Very Likely			
	1	2	3	4	5	6	7

<b>6. You and your female partner are looking to buy a house. After looking at a house together with the realtor, the realtor fails to schedule an appointment to view another house that she represents.</b>							
How anxious/concerned would you be that the realtor may have failed to schedule an appointment because of your sexual orientation?	Very Unconcerned			Very Concerned			
	1	2	3	4	5	6	7
How likely is it that the realtor failed to schedule an appointment because of your sexual orientation?	Very Unlikely			Very Likely			
	1	2	3	4	5	6	7

<b>7. A few of your female coworkers regularly try to set you up with men but they never try to set you up with women.</b>							
How anxious/concerned would you be that they may be doing this because they don't accept your sexual orientation?	Very Unconcerned			Very Concerned			
	1	2	3	4	5	6	7
How likely is it that they are doing this because of your sexual orientation?	Very Unlikely			Very Likely			
	1	2	3	4	5	6	7

<b>8. You are hanging out with a group of heterosexual female coworkers, and the subject turns to boyfriends and husbands.</b>							
How anxious/concerned would you be that they may treat you differently because of your sexual orientation?	Very Unconcerned			Very Concerned			
	1	2	3	4	5	6	7
How likely is it that they would treat you differently because of your sexual orientation?	Very Unlikely			Very Likely			
	1	2	3	4	5	6	7

<b>9. A new female friend of yours makes negative remarks about lesbians.</b>															
How anxious/concerned would you be that she may not want to be friends if she knew of your sexual orientation?	<table border="0"> <tr> <td>Very Unconcerned</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Very Concerned</td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> </table>	Very Unconcerned						Very Concerned	1	2	3	4	5	6	7
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<b>10. You disclose your sexual orientation to a new friend. Your friend doesn't express concern about it, but your friendship soon drifts apart.</b>															
How anxious/concerned would you be that the drifting apart of this friendship is because of your sexual orientation?	<table border="0"> <tr> <td>Very Unconcerned</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Very Concerned</td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> </table>	Very Unconcerned						Very Concerned	1	2	3	4	5	6	7
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<b>11. You walk into the locker room at the gym and begin to change. A woman near you moves to a different part of the locker room.</b>															
How anxious/concerned would you be that she may have moved because of your sexual orientation?	<table border="0"> <tr> <td>Very Unconcerned</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Very Concerned</td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> </table>	Very Unconcerned						Very Concerned	1	2	3	4	5	6	7
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<b>12. Your supervisor begins raising concerns about your performance at work for the first time after you bring your female partner to a company picnic.</b>															
How anxious/concerned would you be that your supervisor may be raising concerns about your performance at work because of your sexual orientation?	<table border="0"> <tr> <td>Very Unconcerned</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Very Concerned</td> </tr> <tr> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> </tr> </table>	Very Unconcerned						Very Concerned	1	2	3	4	5	6	7
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<b>13. You notice your relatives looking at you and your female partner at a family reunion, but they don't come over to talk to you.</b>							
How anxious/concerned would you be that they may have not come over to talk to you because of your sexual orientation?	Very Unconcerned			Very Concerned			
	1	2	3	4	5	6	7
How likely is it that they didn't come over to talk to you because of your sexual orientation?	Very Unlikely			Very Likely			
	1	2	3	4	5	6	7

<b>14. You and your female partner are getting married. Several of your coworkers do not come to the wedding ceremony.</b>							
How anxious/concerned would you be that they may not have come because of your sexual orientation?	Very Unconcerned			Very Concerned			
	1	2	3	4	5	6	7
How likely is it that they did not come because of your sexual orientation?	Very Unlikely			Very Likely			
	1	2	3	4	5	6	7

<b>15. The principal at your child's elementary school has never spoken to you and your partner at school events, but you often see him speaking with other parents.</b>							
How anxious/ concerned would you be that he may not have spoken to you because of your sexual orientation?	Very Unconcerned			Very Concerned			
	1	2	3	4	5	6	7
How likely is that he doesn't speak to you because of your sexual orientation?	Very Unlikely			Very Likely			
	1	2	3	4	5	6	7

<b>16. During a lecture on sexual orientation, your professor includes several stereotypes about lesbian and bisexual women as if they were facts. After the lecture, you approach the professor and politely point out the incorrect aspects of the lecture. You receive a lower grade than you expected in the class.</b>							
How anxious/concerned would you be that you may have received a lower grade in the class because of your sexual orientation?	Very Unconcerned			Very Concerned			
	1	2	3	4	5	6	7
How likely is it that you received a lower grade in the class because of your sexual orientation?	Very Unlikely			Very Likely			
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