

**Gay-Related Rejection Sensitivity Scale**  
Version Attached: Full Test

PsycTESTS Citation:

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Instrument Type:  
Rating Scale

Test Format:

Items on the Gay-Related Rejection Sensitivity Scale are rated on 6-point scales (1 = very unconcerned, 6 = very concerned; 1 = very unlikely, 6 = very likely).

Source:

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Please read the following descriptions of situations and answer the two questions that follow each one. Imagine each situation as vividly as you can, as if you were actually there:

1. You bring a male partner to a family reunion. Two of your old-fashioned aunts don't come talk to you even though they see you.

How **concerned or anxious** would you be that they don't talk to you because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unconcerned					Very concerned

How **likely** is it that they didn't talk to you because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unlikely					Very likely

2. A 3-year old child of a distant relative is crawling on your lap. His mom comes to take him away.

How **concerned or anxious** would you be that the mom took him away because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unconcerned					Very concerned

How **likely** is it that the mom took him away because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unlikely					Very likely

3. You've been dating someone for a few years now, and you receive a wedding invitation to a straight friend's wedding. The invite was addressed only to you, not you and a guest.

How **concerned or anxious** would you be that the invite was addressed only to you because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unconcerned					Very concerned

How **likely** is it that the invite was addressed only to you because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unlikely					Very likely

4. You go to a job interview and the interviewer asks if you are married. You say that you and your partner have been together for 5 years. You later find out that you don't get the job.

How **concerned or anxious** would you be that you didn't get the job because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unconcerned					Very concerned

How **likely** is it that you didn't get the job because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unlikely			Very likely		

5. You are going to have surgery, and the doctor tells you that he would like to give you an HIV test.

How **concerned or anxious** would you be that he gave you an HIV test because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unconcerned			Very concerned		

How **likely** is it that he gave you an HIV test because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unlikely			Very likely		

6. You go to donate blood and the person who is supposed to draw your blood turns to her co-worker and says, "Why don't you take this one?"

How **concerned or anxious** would you be that she asked her co-worker to draw your blood because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unconcerned			Very concerned		

How **likely** is it that she asked her co-worker to draw your blood because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unlikely			Very likely		

7. You go get an STD check-up, and the man taking your sexual history is rude towards you.

How **concerned or anxious** would you be that he is rude towards you because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unconcerned			Very concerned		

How **likely** is it that he is rude towards you because of your sexual orientation? (circle one)

1	2	3	4	5	6
Very unlikely			Very likely		

8. You bring a guy you are dating to a fancy restaurant of straight patrons, and you are seated away from everyone else in a back corner of the restaurant.

How **concerned or anxious** would you be that you were seated there because of your sexual orientation? (circle one)

1	2	3	4	5	6
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**Very  
unconcerned**

**Very  
concerned**

How **likely** is it that you were seated there because of your sexual orientation? (circle one)

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Very unlikely</b>					<b>Very likely</b>

9. Only you and a group of macho men are on a subway train late at night. They look in your direction and laugh.

How **concerned or anxious** would you be that they are laughing at you because of your sexual orientation? (circle one)

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Very unconcerned</b>					<b>Very concerned</b>

How **likely** is it that they are laughing at you because of your sexual orientation? (circle one)

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Very unlikely</b>					<b>Very likely</b>

10. You and your partner are on a road trip and decide to check into a hotel in a rural town. The sign out front says there are vacancies. The two of you go inside, and the woman at the front desk says that there are no rooms left.

How **concerned or anxious** would you be that she lied to you because of your sexual orientation? (circle one)

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Very unconcerned</b>					<b>Very concerned</b>

How **likely** is it that she lied to you because of your sexual orientation? (circle one)

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Very unlikely</b>					<b>Very likely</b>

11. You go to a party and you and your partner are the only gay people there. No one seems interested in talking to you.

How **concerned or anxious** would you be that no one talks to you because of your sexual orientation? (circle one)

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Very unconcerned</b>					<b>Very concerned</b>

How **likely** is it that no one talked to you because of your sexual orientation? (circle one)

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
<b>Very unlikely</b>					<b>Very likely</b>

12. You are in a locker room in a straight gym. One guy nearby moves to another area to change clothes.

How **concerned or anxious** would you be that he moved to another area to change because of your sexual orientation? (circle one)

1	2	3	4	5	6
<b>Very unconcerned</b>					<b>Very concerned</b>

How **likely** is it that he moved to another area to change because of your sexual orientation? (circle one)

1	2	3	4	5	6
<b>Very unlikely</b>					<b>Very likely</b>

13. Some straight colleagues are talking about baseball. You force yourself to join the conversation, and they dismiss your input.

How **concerned or anxious** would you be that they dismissed your input because of your sexual orientation? (circle one)

1	2	3	4	5	6
<b>Very unconcerned</b>					<b>Very concerned</b>

How **likely** is it that they dismissed your input because of your sexual orientation? (circle one)

1	2	3	4	5	6
<b>Very unlikely</b>					<b>Very likely</b>

14. Your colleagues are celebrating a co-worker's birthday at a restaurant. You are not invited.

How **concerned or anxious** would you be that they did not invite you because of your sexual orientation? (circle one)

1	2	3	4	5	6
<b>Very unconcerned</b>					<b>Very concerned</b>

How **likely** is it that they did not invite you because of your sexual orientation? (circle one)

1	2	3	4	5	6
<b>Very unlikely</b>					<b>Very likely</b>

Pachankis, J.E., Goldfried, M.R., & Ramrattan, M. (2008). Extension of the rejection sensitivity construct to the interpersonal functioning of gay men. *Journal of Consulting and Clinical Psychology, 76*, 306-317.